

28. The method of producing the non-perishable baked goods of claim 11, comprising the steps of

providing a baking mixture comprising water, an effective plasticizing amount of an aliphatic polyol having four to five carbon atoms and an alcoholic hydroxyl group on each carbon atom, flour and/or starch, and sugar and other minor components when present;

heating and baking the mixture to a residual water content of maximum 10 percent by weight, thus affording a hot baked product;

shaping the baked product,

and fixing the shape of the product by cooling to solidify the aliphatic polyol and sugar when present.

- 29. The method of claim 28, wherein the amount of water does not exceed 3%.
- 30. The method of claim 28, wherein the weight per cent of sugar is 0.

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- 31. The method of claim 28, wherein the aliphatic polyol is selected from the group consisting of erythritol and xylitol.
- 32. The method of claim 28, wherein the baking mixture is metered into a heated baking vessel.
- 33. The method of claim 28, wherein the baked product is removed from the baking vessel while still hot.
- 34. The method of claim 28, wherein said baking mixture is baked at a temperature in the range of 140°C to 230°C.
- 35. The method of claim 28, wherein said hot product is shaped by wrapping, rolling, pressing, stamping, embossing, bending, folding, or deep-drawing.

